

LACROSSE CLINIC FOR BOYS IN GRADES 1st-8th

WHEN: Sundays September 8th through October 13th.

1:00-2:15pm (1st – 4th grade)

2:30-3:45pm (5th – 8th grade)

WHERE: Shorewood High School football field.

WHO IS ELIGIBLE: Open to boys going into 1st- 8th grade who live Whitefish Bay or attend Whitefish Bay schools.

COST: \$36

WHAT TO WEAR/BRING: All lacrosse equipment (helmet, shoulder pads, arm guards, gloves and stick) is required. Lacrosse equipment can be rented if needed for \$15. Players must provide a mouth guard and athletic cup. Cleats are recommended.

HOW TO REGISTER: Pre-registration is required. Please register online through the [Whitefish Bay](#) Recreation Department.

WHAT IS LACROSSE? Lacrosse is a combination of soccer, hockey and basketball. Anyone can play lacrosse - the big or the small. It is played with a stick, the crosse, which must be mastered by the player to throw, catch and scoop the ball. The game requires and rewards coordination and agility, not brawn. Quickness and speed are two highly prized qualities in lacrosse. Lacrosse is fast-paced, exhilarating sport and full of action.

ADDITIONAL INFORMATION? Check either the Whitefish Bay website or fall program guide for additional information.

QUESTIONS? Contact Kevin Kane: kkane@shorewood.k12.wi.us



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